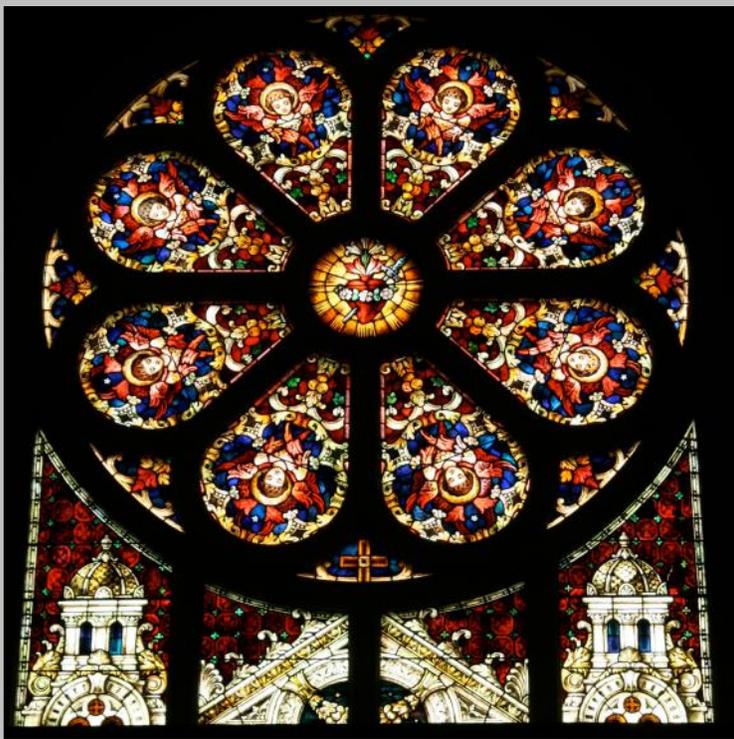




St. Joseph the Worker

Beautiful Liturgy - Reconciliation – Healing

“Third Sunday—Ordinary Time” - January 27, 2019



1640 Addison Street, Berkeley, CA 94703
Phone (510) 843-2244 Fax (510) 843-2730
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www.StJosephTheWorkerChurch.org

STAFF

Rev. Kenneth Nobrega

Deacon José Manuel Pérez, Permanent Deacon

Gloria Maldonado,
Parish Secretary, Safe Environment Coordinator

Elizabeth Oishi Comly, Parish Events Coordinator

MINISTRIES

Baptism/Bautismos

Deacon José Manuel Pérez
Platicas: Los domingos.
Para otro día llamar a la oficina.

Lectors/Lectores

Chris Notti (English)
Erika Guerrero (Español)

Extraordinary Ministers of Holy Communion

Tita Brodt (English)
Ruben Araujo (Español)

PARISH OFFICE HOURS

Monday thru Friday 9:00 am—5:00 pm
(Closed 12 Noon—1:00 pm for lunch)

MONDAY-SATURDAY

Mass: 9:00 am

SUNDAY

Mass: 8:00 am

Confessions: 9:45 am

Mass: 10:00 am

Mass: (Spanish) 11:30 am

WEDNESDAY EVENING

Adoration of the Blessed Sacrament:

6:00 pm—7:00 pm

Confessions: 6:00 pm—6:45 pm

+ +

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THIS WEEK AT ST. JOSEPH THE WORKER

ON WEDNESDAY EVENINGS

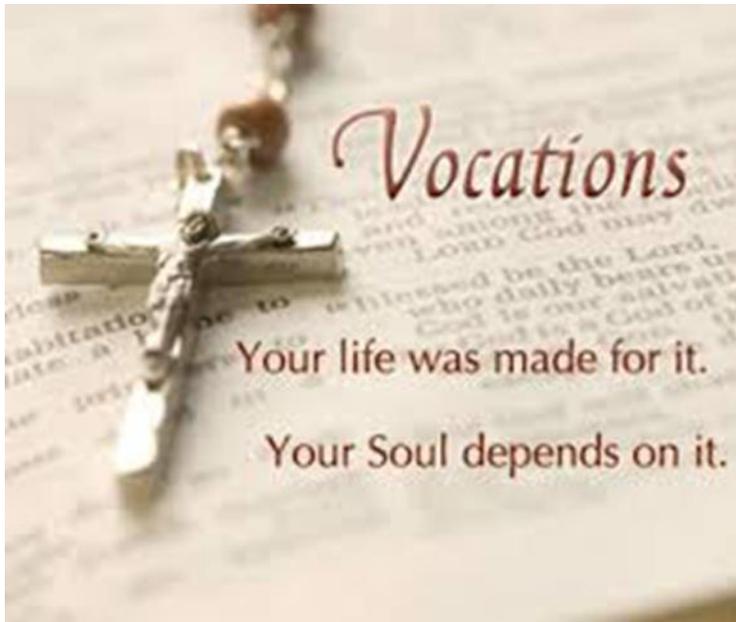
Holy Hour, Confessions and Rosary Prayer Group

Every Wednesday evening we have Adoration of the Blessed Sacrament from **6:00 – 7:00 pm** with Confessions available from **6:00 – 6:45 pm**.

The Rosary & Devotion Prayer Group meets at **7:00 pm**, following the Holy Hour.
All are welcome.

Sant' Egidio Community

The Community of Sant' Egidio meets **every Thursday** at 7:00 pm for prayer in our church chapel. All are invited to join for prayer and for some Christian fellowship.



Parish Office Hours

Gloria Maldonado, our office secretary is ready to welcome and assist our parishioners and visitors. St. Joseph the Worker Parish Office Hours are from Monday thru Friday 9:00am to 6:00pm (closed noon to 1:00pm for lunch).

SUNDAY MASSES - January 27, 2019

8:00 am – Fr. Bruce Lamb

10:00 am – Fr. Laurent Okitakatshi

11:30 am (Spanish)–Fr. Bartholomew Hutcherson, O.P.

MASS INTENTIONS

Sunday	January 27th
8:00 am	Sofia Reza +
10:00 am	For Souls of the Unborn/Miscarriage +
11:30 am	Emiliano Ruiz +
Monday	January 28th
9:00 am	Rafael Urzua Soto +
Tuesday	January 29th
9:00 am	Frances (Kika) Yee +
Wednesday	January 30th
9:00 am	Allan Beene
Thursday	January 31st
9:00 am	Frank & Stella Rycyuk
Friday	February 1st
9:00 am	Nate Larrabee
Saturday	February 2nd
9:00 am	Rachel's Vineyard Ministry

Would you like to have a Mass offered in honor or memory of someone?



It is easy, stop by our parish office or email Gloria Maldonado, our parish secretary at: gloria@stjosephtheworkerchurch.org

If you have a particular date in mind, let us know and we will try and accommodate you. The suggested donation is \$10.00.

Dear Visitors and Guests:



If you have been blessed by your visit to St. Joseph, please consider blessing our parish with a gift. Through generous donations by faithful people like yourself, we intend on restoring this historic church back to its former glory, little by little.

You can make a safe, fast and easy one (1) time donation or a recurring donation with the ease of your smart phone through PUSHPAY. Follow these steps below:

Step 1) Enter the number: 77977

Step 2) Enter the letters "SJW" in the message section.

A Sacred time for Holy Preparation



From personal experience, I find it crucial to arrive at least 10 minutes before the start of Mass in order to decompress from the busyness of life and to quiet down the mind from worldly cares in order to properly focus on God and the Sacred Mysteries we are about to enter.

Please do not arrive late to Mass. Thank you.

- Fr. Kenneth Nobrega

Has an abortion left you with a broken heart?

Experience the healing...

**Rachel's Vineyard Retreat—Danville, CA
May 17-19, 2019**

Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. The weekend offers a supportive, and non-judgmental environment to transform the pain of the past into love and hope. We encourage women, men and couples to attend.

For Retreat Details Contact:

Gloria Maldonado: afterthechoice@oakdioadmin.org
or 510-485-2574

Kim Fuentes: kfuentes@stocktondiocese.org
or 209-465-5433

Choose Life



Prayer for the Child in the Womb

Lord Jesus, you are the source and lover of life. Reawaken in us respect for every human life. Help us to see in each child the marvelous work of our Creator.

Open our hearts to welcome every child as a unique and wonderful gift.

Guide the work of doctors, nurses and midwives.

May the life of a mother and her baby in the womb be equally cherished and respected.

Help those who make our laws to uphold the uniqueness and sacredness of every human life, from the first moment of conception to natural death.

Give us wisdom and generosity to build a society that cares for all.

Together with Mary, your Mother, in whose womb you took on our human nature, help us to choose life in every decision we take.

We ask this in the joyful hope of eternal life with you, and in the communion of the Blessed Trinity.

Amen.

Third Sunday of “Ordinary Time”



Today’s Second Reading, from St. Paul’s first letter to the Corinthians, picks up where we left off last week and continues with a similar theme. The message is that we are each unique in the gifts and talents God has given to us, and therefore, we all have different tasks to fulfill as members of the Body of Christ.

What is further developed this week is the truth that, though different in our roles, every single individual is equally important and needed in the Church, from the freshly baptized newborn, to the teenager sitting reluctantly by his parents, to the elderly shut-in who can no longer attend Sunday Mass. “God placed the parts, each one of them, in the body as he intended. If they were all one part, where would the body be? But as it is there are many parts, yet one body.”

What does this teach us as Christian stewards? It shows us that we all have equal dignity and worth in God’s sight, and that if God sees us as equally precious, we should view each other in this same light. It teaches us to humbly recognize our own gifts as well as the giftedness of every member of our parish family. And, while God designed us to be ultimately dependent on Him, it seems He has also designed us to need each other! This is part of the beauty and richness of a stewardship way of life.

No one person can “do it all” in life — whether in family life or parish life. But God does not ask us to do it all. He

simply asks us to share the gifts and talents we do have in the season of life we find ourselves right now.

And just what are we, as Christian stewards, aiming to achieve by sharing our gifts and talents? We are aiming to follow in the footsteps of our Lord, furthering with His grace the mission He began 2,000 years ago. He declares in the Gospel reading from St. Luke today what this mission is: “The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free...”

What a noble purpose! What great dignity has been bestowed upon us, modern-day disciples, that we are called to this same task.

In the week ahead, let’s take this mission to heart, examining the way we can use our gifts and talents for this mission and asking ourselves what it looks like in our unique circumstances to “bring glad tidings to the poor,” “liberty to captives,” “sight to the blind” and “freedom to the oppressed.”

It might feel uncomfortable at first. But the good news is you don’t have to do it all. Do your part, let your brothers and sisters in the Body of Christ do theirs, and know that the Spirit of the Lord is upon us all as we live out this Christian way of life.

OUR CHOIR NEEDS MORE SINGERS!



Do you enjoy and sing well?

Did you sing in a church, school or university choir?

Call Sam Dorlaque at (510) 709-9036 or e-mail him at spdorlaque@sbcglobal.net for more information.

Pray this St. Michael prayer for personal protection.

- Philip Kosloski



A powerful alternative to the traditional St. Michael prayer many are familiar with.

St. Michael the Archangel is an angel who is clearly associated in the Bible with protection and spiritual warfare. He is one who leads the heavenly army to defeat Satan in the book of Revelation, and he is traditionally believed to be the angel who guided the Hebrew people out of Egypt, through the Red Sea and into the Promised Land.

Throughout the centuries the Church has confirmed this special role appointed to St. Michael by God, most clearly in the St. Michael Prayer that was composed by Pope Leo XIII.

There are also many other prayers in the spiritual treasury of the Church that invoke St. Michael's protection, including the following prayer that invokes his spiritual aid. It is a powerful prayer, one that can also be prayed in addition to the traditional prayer of Leo XIII.

Saint Michael, the Archangel, Glorious Prince, chief and champion of the heavenly hosts; guardian of the souls of men; conqueror of the rebel angels!

How beautiful art thou, in thy heaven-made armor. We love thee, dear Prince of Heaven!

We, thy happy clients, yearn to enjoy thy special protection. Obtain for us from God a share of thy sturdy courage; pray that we may have a strong and tender love for our Redeemer and, in every danger or temptation, be invincible against the enemy of our souls.

O standard-bearer of our salvation! Be with us in our last moments and when our souls quit this earthly exile, carry them safely to the judgment seat of Christ, and may Our Lord and Master bid thee bear us speedily to the kingdom of eternal bliss.

Teach us ever to repeat the sublime cry: "Who is like unto God?" Amen.

Why Light a Votive Candle?



A Votive Light is a "silent sentinel" and can burn for your special intentions or for someone who is in need of prayers. This is a thoughtful expression of your sentiments and best wishes for any occasion. Your Votive Light can be an act of faith and charity - the light is a symbol of the sacrifice you have made in behalf of someone else - and it is a silent reminder of your prayers for them.

Unlike a regular purchase, a votive candle donation is an "offering" made to God through the intercession of the Saints which also helps support our St. Joseph the Worker Church's mission of beautiful liturgies, reconciliation and healing.



THIRD COMMANDMENT

REMEMBER TO KEEP HOLY THE LORD'S DAY

Remember to keep Holy the Lord's Day.

In Genesis, God rests on the seventh day after his work of creating the world. God builds into human nature a balanced rhythm of work and rest, whereby we are refreshed from our work and return our hearts and minds to worship God.

Ways to keep Holy the Lord's Day by loving God, Family & Neighbor

Before Sunday & In Preparation for Sunday:

- Houseclean, straighten up, refuel the car, and prepare clothing, do laundry, shop, etc.
- Buy or cut fresh flowers on Saturday to adorn the house through the week
- Prepare Sunday meals in advance to the extent possible.
- Avoid going to bed too late Saturday evening so as to be tired on Sunday.



Sunday Things You Can Do:

- Engage in activities that contribute to greater spirituality.
- Attend Mass; especially as a family. Dress up. Do arrive 10 minutes early and stay a few minutes after to share personal time of thanksgiving with God.
- Dedicate an hour on Sunday, outside of Mass, to prayer.
- Spends some time before the Blessed Sacrament.
- Pray the Rosary (as a family).
- Devote time to the Scriptures.
- Pope Benedict XVI suggests reading "Story of a Soul", the autobiography of St. Theresa of Lisieux. He suggests we re-discover this "little-great treasure", calling it a luminous commentary on the Gospel fully lived". Maybe read a chapter each Sunday.
- Offer expressions of praise and thanksgiving to God.
- Make Sunday a special day for the family, something to which your children will look forward to. Create some Sunday traditions the kids will remember when they get older and have their own children.
- Share a special Sunday meal. Dress the table nicely.
- Pray before and after eating.
- Wash the dishes together.
- Have a cookout.
- Have a picnic.
- Read a wholesome book.
- Enjoy a coffee or tea Sunday afternoon with snacks.
- Invite other Catholics over and socialize a bit.
- Do things you find relaxing, **for the sake of relaxing...** like gardening, etc.
- Spend time with family & friends
- Get a good night's rest and rest, physically, during the day.
- Hang around with family members sharing in conversation.
- Converse via phone with distant family members and friends
- Visit the sick and aged shut-ins.
- Take an enjoyable walk somewhere inspiring such as a park or shoreline.
- Write thank you notes
- Play cards or board games together, especially those that invite conversation.
- Take a leisurely Sunday drive, enjoy the landscape.
- Sing together
- Engage in crafts together.

- If you have a fireplace, build a fire and read.
- Host an Ice Cream Social
- Laugh and be grateful.
- Praise and thank God.



Things to Avoid:

- Catholics should refrain from working and putting others in the position of performing servile work on Sundays, too. Shopping, eating in restaurants, going to movies, etc., require that others perform servile work. Note that some professions understandably necessitate work on Sundays, such as some aspects of medicine, law enforcement, firefighting, etc. But, try not to work unless it is emergency services related or is truly financially necessary for you and your family. Don't encourage others to break God's commandments. Prayerfully consider avoiding unnecessary shopping and not eating out on Sundays.
- Make Sunday a minimal sports watching day.
- Shut off the TV. If you can't do that "cold turkey" you might choose to watch EWTN. Another alternative is to watch a wholesome Christian movie or contemporary movie on DVD. But significantly limit your time on watching or listening to television and the radio.
- Take Sunday off from the internet, social media, emails!
- Make Sunday a disciplined NO reaching for the cell phone "out of habit day" day.
- Students, take Sunday off from school work. Discipline yourself to study during the week and on Saturdays.
- Don't shop. Try not to spend money. You force others to work.
- Don't read books or materials that are not spiritually uplifting.

Illuminate our church with devotion and prayers.



Your votive candle is a silent but visible sign of prayer and devotion.

**Donate to St. Joseph the Worker
TEXT: 77977**



Safe, Fast, Easy. Thank you!

Need A New Baptism, First Communion, Confirmation or Marriage Certificate?

Sacramental certificates from St. Joseph the Worker can be obtained from our parish office usually within one or two business days.

We kindly ask for a \$25 donation for each requested certificate which will go towards the support of St. Joseph the Worker Church.

Please contact Gloria Maldonado our parish secretary at (510) 843-2244 or email gloria@stjosephtheworkerchurch.org



joinfortify.com

Internet melts over image of young father kneeling in prayer by his newborn son.



“An incredible fear came over me ... so I got over my embarrassment and just knelt down and talked to God.”

The young father is on his knees in prayer to God, beside his newborn son, cradled in the hospital newborn nursery. This scene has captivated thousands on the internet from the moment it was shared on Instagram (the second photo) by Victor Calmon, the 33-year-old new father of little Ivan, born in July.

The images were taken moments after the child was born by a photographer with Jana Brasil Photography, but they have made the emotion last much longer now that they have been reposted all over the world on various media platforms.

When posting with the original photos of his firstborn son Ivan, Victor wrote:

“That moment when it hits you like a ton of bricks and your hands are shaking because you suddenly discover your purpose and the reason you’re in this world. To God I say, ‘Thank you,’ to my wife I say, ‘I love you,’ and to my son I say, ‘Welcome!’”

Victor was interviewed by the magazine Crescer, where he shared that it was all quite spontaneous:



“I saw myself at the center of a complicated situation, you know, and everything was new to me, and incredible fear came over me. Now, I wouldn’t be worrying just about me anymore; I had this new life to take care of. So I got over my embarrassment and just knelt down and talked to God. I asked him to help me mature, to become a better man, a good father, a good husband, and to increase my desire to grow and work, so that my child might not lack anything.”

The blessing of having a child is causing Victor and his wife Luana to face head-on the natural fears all young parents have for the sake of their baby.

“Besides working, whenever I can, I help my wife Luana to bathe Ivan and change his diapers,” he says. “I don’t have time for myself anymore. But I remember it’s all worth it when I come home and I see Ivan’s smile.”

