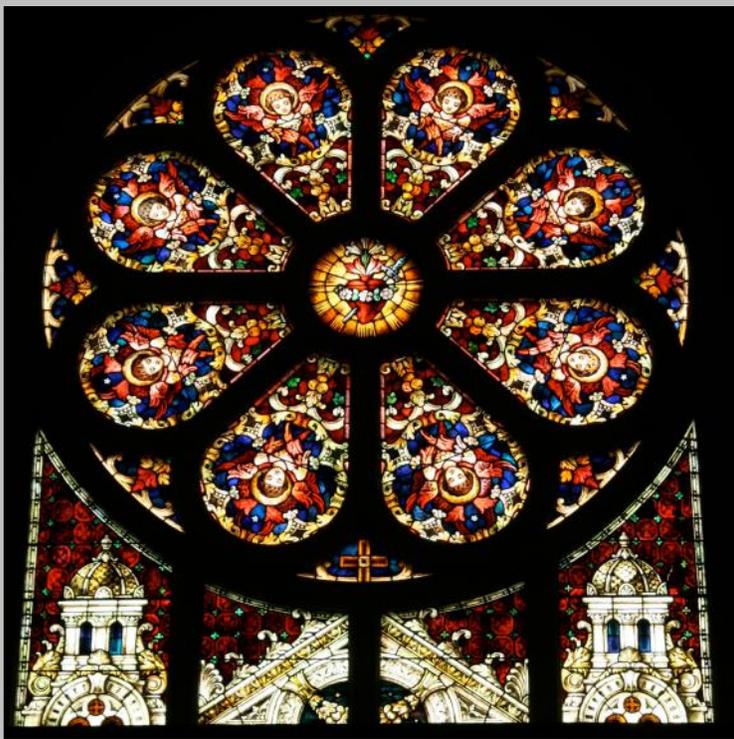




St. Joseph the Worker

Beautiful Liturgy - Reconciliation – Healing

Thirty-Second Sunday in Ordinary Time - NOVEMBER 11, 2018



1640 Addison Street, Berkeley, CA 94703
Phone (510) 843-2244 Fax (510) 843-2730
Email: info@stjosephtheworkerchurch.org
www.StJosephTheWorkerChurch.org

STAFF

Rev. Kenneth Nobrega

Deacon José Manuel Pérez, Permanent Deacon

Gloria Maldonado,
Parish Secretary, Safe Environment Coordinator

Elizabeth Oishi Comly, Parish Events Coordinator

MINISTRIES

Baptism/Bautismos

Deacon José Manuel Pérez
Platicas: Los domingos.
Para otro día llamar a la oficina.

Lectors/Lectores

Chris Notti (English)
Erika Guerrero (Español)

Extraordinary Ministers of Holy Communion

Tita Brodt (English)
Ruben Araujo (Español)

PARISH OFFICE HOURS

Monday thru Friday 9:00 am—5:00 pm
(Closed 12 Noon—1:00 pm for lunch)

MONDAY-SATURDAY

Mass: 9:00 am

SUNDAY

Mass: 8:00 am

Confessions: 9:45 am

Mass: 10:00 am

Mass: (Spanish) 11:30 am

WEDNESDAY EVENING

Adoration of the Blessed Sacrament:

6:00 pm—7:00 pm

Confessions: 6:00 pm—6:45 pm

+ +

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THIS WEEK AT ST. JOSEPH THE WORKER

**Parish office will be closed this week:
Monday for Veterans Day Federal Holiday
Observance and on**

**Friday, November 16th in preparation for a
Rachel's Vineyard Retreat** (*A safe place to renew,
rebuild and redeem hearts broken by abortion*).

On Wednesday Evenings

Holy Hour, Confessions and Rosary Prayer Group

Every Wednesday evening we have Adoration of the Blessed Sacrament from **6:00 – 7:00 pm** with Confessions available from **6:00 – 6:45 pm**.

The **Rosary & Devotion Prayer Group** meets at **7:00 pm**, following the Holy Hour.
All are welcome.

Sant' Egidio Community

The Community of Sant' Egidio meets **every Thursday** at 7:00pm for prayer in our church chapel. All are invited to join for prayer and for some Christian fellowship.

Veterans Day, Sunday, November 11, 2018



10:00am Thanksgiving Day Mass



Thursday, November 22, 2018

(There will not be a 9:00am Mass on Thanksgiving Day)

SUNDAY MASSES - November 11, 2018

8:00 am – Fr. John Gribowich

10:00 am – Fr. Kenneth Nobrega

11:30 am (Spanish) – Fr. Alex Castillo

MASS INTENTIONS

Sunday

8:00 am

10:00 am

11:30 am

November 11th

Lynch Family

Myrna Gregory +

Familia Perez - Morales

Monday

9:00 am

November 12th

Fr. Robert Herbst

Tuesday

9:00 am

November 13th

Fr. Bruce Lamb

Wednesday

9:00 am

November 14th

Diana Reggi

Thursday

9:00 am

November 15th

Marcello + and Ida Reggi +

Friday

9:00 am

November 16th

Rachel's Vineyard Ministries

Saturday

9:00 am

November 17th

Rachel's Vineyard Ministries

Would you like to have a Mass offered in honor or memory of someone?



It is easy, stop by our parish office or email Gloria Maldonado, our parish secretary at: gloria@stjosephtheworkerchurch.org

If you have a particular date in mind, let us know and we will try and accommodate you. The suggested donation is \$10.00.

Dear Visitors and Guests:



If you have been blessed by your visit to St. Joseph, please consider blessing our parish with a gift.

Through generous donations by faithful people like yourself, we intend on restoring this historic church back to its former glory, little by little.

You can make a safe, fast and easy one (1) time donation or a recurring donation with the ease of your smart phone through PUSHPAY. Follow these steps below:

Step 1) Enter the number: 77977

Step 2) Enter the letters "SJW" in the message section.

Memorial Table



Throughout the Month of November, we will be honoring, remembering, and praying for our beloved dead. You are invited to bring framed photographs of your deceased loved ones and place them on our memorial table in the church.

How Much Should I give?

Many people **recommend** that Catholics consider working toward biblical tithing: 10% of your gross income. Fr. Kenneth Nobrega supports and recommends the venerable practice of tithing 5% to the parish church and 5% to worthy charities.

Household Income	3%			5%			10%		
	Annual	Monthly	Weekly	Annual	Monthly	Weekly	Annual	Monthly	Weekly
\$20,000	600	50	12	1,000	83	19	2,000	167	38
\$30,000	900	75	17	1,500	125	29	3,000	250	58
\$40,000	1,200	100	23	2,000	167	38	4,000	333	77
\$50,000	1,500	125	29	2,500	208	48	5,000	417	96
\$60,000	1,800	150	35	3,000	250	58	6,000	500	115
\$70,000	2,100	175	40	3,500	292	67	7,000	583	135
\$80,000	2,400	200	46	4,000	333	77	8,000	667	154
\$90,000	2,700	225	52	4,500	375	87	9,000	750	173
\$100,000	3,000	250	58	5,000	417	96	10,000	833	192
\$120,000	3,600	300	69	6,000	500	115	12,000	1,000	231
\$150,000	4,500	375	87	7,500	625	144	15,000	1,250	288
\$200,000	6,000	500	115	10,000	833	192	20,000	1,667	385

Please **Contribute as much as possible** to the material needs of St. Joseph the Worker so that we can continue to keep our doors open and be a refuge for those seeking spiritual help and healing. Your help is needed and important - Together we can restore our beautiful church to its original glory.



TEXT: 77977

Need A New Baptism, First Communion, Confirmation or Marriage Certificate?

Sacramental certificates from St. Joseph the Worker can be obtained from our parish office usually within one or two business days. We kindly ask for a \$25 donation for each requested certificate which will go towards the support of St. Joseph the Worker Church.

Please contact Gloria Maldonado our parish secretary at (510) 843-2244 or email gloria@stjosephtheworkerchurch.org



Pray Together

Every now and then



you just gotta take a time out.



Glorious, St. Joseph

Pray for us.

Parish Office Hours

Gloria Maldonado, our office secretary is ready to welcome and assist our parishioners and visitors. St. Joseph the Worker Parish Office Hours are from **Monday thru Friday 9:00 am to 5:00 pm** (closed noon to 1:00 pm for lunch).

Babe Ruth's Amazing Conversion Story & The Little-Known Sacramental He Took to His Grave

- Church Pop Editor



Have you ever read about Babe Ruth's conversion story? It is absolutely amazing!

Babe Ruth is commonly known as the greatest baseball player of all time. He was also known for his drinking, partying, womanizing, and for his appetite.

But he was also a baptized Catholic.

Babe Ruth Always Found His Way Back to the Catholic Faith

In a letter written shortly before his death, Ruth explained his lifelong faith journey. And it was, quite literally, lifelong.

He explained that even if children do not understand or appreciate their upbringing in the Catholic faith, "once religion sinks in, it stays there—deep down."

This proved true for him, as he attended Catholic school and had a good relationship with one of the school's religious brothers.

He added, "The lads who get religious training, get it where it counts—in the roots. They may fail it, but it never fails them."

While chasing worldly pleasures, faith continued to be a part of his life, even if he was lost for a while.

He explained, that "while I drifted away from the Church, I did have my own 'altar,' a big window of my

New York apartment overlooking the city lights. Often I would kneel before that window and say my prayers."

Ruth continued, "I would feel quite humble then. I'd ask God to help me not make such a big fool of myself and pray that I'd measure up to what He expected of me."

An Amazing Conversion

Two years before his death caused by cancer, Ruth had surgery.

Paul Carey, one of his closest friends, said, "They're going to operate in the morning, Babe...don't you think you ought to put your house in order?"

Ruth then explained that he "didn't dodge the long, challenging look in his eyes. I knew what he meant."

He continued, "For the first time I realized that death might strike me out. I nodded, and Paul got up, called in a Chaplain, and **I made a full confession.**"

While visiting him, the chaplain said to Ruth, "I'll return in the morning and give you Holy Communion...but you don't have to fast."

Ruth responded, "I'll fast," adding that he "didn't have even a drop of water."

He then wrote, "**As I lay in bed that evening, I thought to myself what a comforting feeling to be free from fear and worries. I now could simply turn them over to God.**"

A Little Boy's Gift: Babe Ruth's Treasured Sacramental

Babe Ruth received a letter from a little boy while lying in the hospital bed.

The letter said:

"Dear Babe...everybody in the seventh grade class is pulling and praying for you. I am enclosing a medal which if you wear will make you better. Your pal—Mike Quinlan."

Enclosed was the Miraculous Medal.

Ruth continued, "**I asked them to pin the Miraculous Medal to my pajama coat. I've worn the medal constantly ever since. I'll wear it to my grave.**"



Selfless teen goes miles out of his way to deliver food to dying man.

- Elizabeth Pardi



Dalton Shaffer didn't think twice about serving a family in need.

When someone goes out of their way to perform an act of kindness, it's especially encouraging when they reveal that they didn't think twice about it — an uplifting reminder that there are truly honorable people in this world whose first instinct is to do good for others, no matter the inconvenience.

So when someone drives seven hours in the middle of the night to do a good deed, and that someone is a teenager who has to be at his second job in the morning but says he “really didn't think twice about it,” you better believe it inspires hope in humanity.

According to *Today*, earlier this month Dalton Shaffer, an 18-year-old manager of Steve's Pizza in Battle Creek, Michigan, was working one evening at Steve's Pizza when he received a phone call. It was David Dalke, a man 230 miles away in Indianapolis, Indiana, calling from the home of his daughter, Julie, and her husband, Rich, whose fight with cancer was quickly coming to a sorrowful end.

As Julie later explained in a Facebook post, she and Rich lived in Battle Creek 25 years ago and had fallen in love with the pizza at Steve's. “I can't possibly describe how delicious this pizza is, she wrote, “but several moves and all these years later, it is still the gold standard and we've never found a better pizza yet.”

The two of them had recently been planning a visit back to Battle Creek when Rich unexpectedly ended up in the ICU when his cancer took a turn for the worst. When he was sent home, he was put in hospice care to prepare for the end.

In an attempt to bring them some comfort since they'd had to cancel their trip, Julie's thoughtful dad, David, dialed Steve's Pizza and asked if they might be able to send their condolences to a former loyal customer. In response, Dalton, the manager on duty, asked what toppings Julie and Rich enjoyed. Even though Steve's is a carryout joint that doesn't deliver, Dalton told David he'd drive a couple pizzas out to Indianapolis after he closed the restaurant at 10 p.m. “When I rolled into the driveway at about 2:30, 2:40, the family was waiting up for me,” Dalton told *Today*. “The dad ... came out and he gave me a big hug.”

The teen graciously declined David's offer to get him a hotel room for the night, and then got back into his car and drove three and a half hours back home in time for a morning shift at his second job.

Of his good deed, Dalton simply said that he didn't think twice about it. Also, he declared, “I just would, like anybody reading ... to just think of the family ... [and] pray for them. They're going to be going through a hard time.”

In a society where teens are sadly labeled as being self-centered, Dalton absolutely shatters the stereotype in the most admirable way. He makes us all feel, as Julie put it, “beyond overwhelmed and humbled by this act of genuine kindness.”

Pray St. Gertrude the Great's powerful prayer for the Holy Souls in Purgatory



According to tradition, many souls would fly to heaven when this prayer is prayed with heartfelt devotion.

St. Gertrude the Great was a holy mystic of the 14th century, who began receiving heavenly visions at age 25 while living in a Benedictine community. Among her mystical visions was a glimpse into Purgatory. There she saw a man she was praying for and his soul appeared as a toad, suffering from the sins he committed on earth. After reciting a short prayer for him, she asked Jesus if it had any effect. He replied by saying, “Certainly, the souls in Purgatory are lifted up by such supplications, but also brief prayers that are said with fervor are of even greater benefit for them.”

The Church has always taught that it is a Spiritual Work of Mercy to pray for the souls of the faithful departed, imploring God to purify the souls of the dead “by the fire of his charity” and to bring them at last to their Heavenly Home.

During one of these visions Gertrude was given a prayer by Jesus for the Holy Souls in Purgatory. It is piously believed that 1,000 souls are released from purgatory by praying this prayer with the heart.

Below is this powerful prayer, one that trusts in the unfathomable mercy of God, poured out for us on Calvary.

Eternal Father, I offer You the most Precious Blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for all sinners everywhere, for sinners in the universal Church, those in my own home and within my family. Amen.

5 Ways to Pray for the Holy Souls in Purgatory

- Philip Kosloski



Praying for the souls of those who have died is an ancient practice of the Church -- here's how to do it this November.

November is dedicated to the Holy Souls in Purgatory and the faithful are encouraged not only to remember the passing of relatives and friends, but most importantly to pray for the souls of the deceased. Praying for the souls of those who have died is an ancient practice of the Church, one that is based on the Catholic teaching regarding Purgatory.

The Catechism offers a brief explanation regarding this state in the afterlife: “The Church gives the name Purgatory to this final purification of the elect... As for certain lesser faults, we must believe that, before the Final Judgment, there is a purifying fire. He who is truth says that whoever utters blasphemy against the Holy Spirit will be pardoned neither in this age nor in the age to come. From this sentence we understand that certain offenses can be forgiven in this age, but certain others in the age to come” (CCC 1031).

“[E]very sin, even venial, entails an unhealthy attachment to creatures, which must be purified either here on earth, or after death in the state called Purgatory” (CCC 1472).

On account of this reality, the *Directory on Popular Piety and the Liturgy* explains, “Hence derives the pious custom of suffrage for the souls of the faithful departed, which is an urgent supplication of God to have mercy on the souls of the dead, to purify them by the fire of His charity, and to bring them to His kingdom of light and life. This suffrage is a cultic expression of faith in the communion of saints. Indeed, ‘the Church in its pilgrim members, from the very earliest days of the Christian religion, has honored with great respect the memory of the dead; and “because it is a holy and a wholesome thought to pray for the dead that they may be loosed from their sins” (2 Mac 12, 46) she offers her suffrages for them.”

It is a Spiritual Work of Mercy to pray for the souls of the faithful departed, imploring God to purify the souls of the dead “by the fire of His charity” and to bring them at last to their Heavenly Home.

The Church offers numerous ways to pray for the dead. For the purposes of this article, here are five of the most common that the Church recommends, especially in the month of November.

1) Offer Masses for the Dead:

It is a custom in the Church to offer the Holy Sacrifice of the Mass for a particular soul, whether they are a deceased relative or friend. The *Directory* recommends having Masses offered on the “third, seventh, and thirtieth day following their deaths, as well as on their anniversaries.” Contact your local parish to inquire about offering a Mass for someone.

Pope Benedict XVI recommended this practice in *Sacramentum Caritatis*: “I wish, together with the Synod Fathers, to remind all the faithful of the importance of prayers for the dead, especially the offering of Mass for them, so that, once purified, they can come to the beatific vision of God. A rediscovery of the eschatological dimension inherent in the Eucharist, celebrated and adored, will help sustain us on our journey and comfort us in the hope of glory” (SC, 32).



2) Pray the Novena for the Holy Souls:

Composed by Saint Alphonsus Liguori, the nine days of prayer for the Holy Souls in Purgatory is a more prolonged way to pray for the deceased. Traditionally it is prayed in preparation for All Souls Day or in the days following the celebration.

3) Visit a Cemetery:

An indulgence, applicable only to the Souls in Purgatory, is granted to the faithful, who devoutly visit a cemetery and pray for the departed. The indulgence is plenary each day from the 1st to the 8th of November; on other days of the year it is partial. Besides benefiting the Holy Souls, visiting a cemetery is a healthy reminder of our own mortality, realizing that we too will pass from this life to the next.

4) Pray the "Eternal Rest" Prayer:

A partial indulgence, applicable only to the Souls in Purgatory, can be obtained when the "Eternal Rest" prayer is prayed with faith. The prayer is as follows:

Eternal rest grant to them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

This prayer is used most often during the liturgical functions surrounding a funeral, but is often prayed by families in connection with prayers before and after meals.

5) Pray Saint Gertrude the Great's Prayer for the Holy Souls:

One of the most popular prayers for the Souls in Purgatory is that of Saint Gertrude the Great. She received many visions of Our Lord during her lifetime and expressed to Jesus her great desire to pray for the deceased. In return, Jesus taught Saint Gertrude the following prayer. It is piously believed that 1,000 souls are released from purgatory by praying this prayer with the heart.

Eternal Father, I offer You the most Precious Blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for all sinners everywhere, for sinners in the universal Church, those in my own home and within my family. Amen.



A prayer to our Lady for the Holy Souls in Purgatory

Holy Mary, Mother of Mercy, I offer you, most Holy Mother, the souls suffering in purgatory, in particular I pray for: _____ name(s) _____ and for those poor souls for whom no one particularly prays for. I beg you to be so kind as to look upon them with your merciful eyes and ask for their release from their torments. Through your hands, O Holy Virgin, I offer to the Lord this act of love, asking His mercy for the souls that are being purged. Amen.

Your votive candle is a silent but visible sign of prayer and devotion. May God bless.

"Be Satisfied With Me"



by St. Anthony of Padua

Everyone longs to give themselves completely to someone, to have a deep soul relationship with another, To be loved thoroughly and exclusively.

But to a Christian, God says, "No, not until you are satisfied, Fulfilled and content with being loved by Me alone, With giving yourself totally and unreservedly to Me. With having an intensely personal and unique relationship with Me alone.

Discovering that only in Me is your satisfaction to be found, Will you be capable of the perfect human relationship, That I have planned for you. You will never be united to another Until you are united with Me. Exclusive of anyone or anything else. Exclusive of any other desires or longings. I want you to stop planning, to stop wishing, and allow Me to give you the most thrilling plan existing . . . one you cannot imagine. I want you to have the best. Please allow Me to bring it to you.

You just keep watching Me, expecting the greatest things. Keep experiencing the satisfaction that I am.

Keep listening and learning the things that I tell you. Just wait, that's all. Don't be anxious, don't worry Don't look around at things others have gotten Or that I have given them. Don't look around at the things you think you want, Just keep looking off and away up to Me, Or you'll miss what I want to show you. And then, when you're ready, I'll surprise you with a love far more wonderful than you could dream of.

You see, until you are ready, and until the one I have for you is ready, I am working even at this moment To have both of you ready at the same time. Until you are both satisfied exclusively with Me And the life I prepared for you, You won't be able to experience the love that exemplified your relationship with Me. And this is perfect love.

And dear one, I want you to have this most wonderful love, I want you to see in the flesh a picture of your relationship with Me. And to enjoy materially and concretely the everlasting union of beauty, perfection and love that I offer you with Myself. Know that I love you utterly. I AM God. Believe it and be satisfied.

The history of incense and why it's used at Mass.

- Larry Peterson



This fragrant element of our Catholic heritage dates to millennia before Christ.

For me, there is something about the smell of freshly burned incense filling the church that is spiritually uplifting. But where did it come from and why do we use it?

The use of incense in religious worship started more than 2,000 years before Christianity even began. The use of incense in China is documented before 2000 BC. Trade in incense and spices was a major economic factor between east and west when caravans traveled the Middle Eastern Incense Route from Yemen through Saudi Arabia. The route ended in Israel and it was here that it was introduced to the Roman Empire.

Religions in the western world have long used incense in their ceremonies. Incense is noted in the Talmud and is mentioned 170 times in the Bible. (e.g., Exodus 30: 1):

“For burning incense you shall make an altar of acacia wood ...”

The use of incense in Jewish worship continued long after the beginning of Christianity and was a definite influence in the Catholic Church's use of it in liturgical celebrations. The Church sees the burning of incense as an image of the prayers of the faithful rising to heaven. The symbolism is mentioned in Psalm 141:2:

“Let my prayer be incense before you; my uplifted hands an evening offering.”

There is no specific time frame recorded to let us know when incense was introduced into the religious services of the Church. No evidence is available to show its use during the first four centuries of the Church. But there are references of it being used in the New Testament. Luke, in the beginning of his Gospel, speaking about the birth of John the Baptist, writes:

Then, when the whole assembly of people were praying outside at the hour of the incense offering, the angel of the Lord appeared to him standing at the right of the altar of incense. Zechariah was troubled by what he saw and fear came upon him.

Incense is a sacramental, used to sanctify, bless, and venerate. The smoke from the incense is symbolic of the mystery of God Himself. As it rises upward the imagery and smell convey the sweetness of Our Lord's presence and it reinforces how the Mass is linked to Heaven and Earth, ending in the very presence of God.

The smoke also symbolizes the intense faith that should fill us and the fragrance is representative of Christian virtue.



The GIRM (General Instruction of the Roman Missal) permits the use of incense at several times during the Mass. When something is incensed, the censer (thurible) is swung three times, which represents the Three Persons of the Blessed Trinity.

There are different times during the Mass that incense may be used.

- During the entrance procession
- At the beginning of Mass to incense the altar and the cross
- Before the Gospel reading

In addition, incense is used at funerals both in the church at the casket and at the cemetery. It is used on Holy Thursday as the Blessed Sacrament is put in repose. And during the Easter Vigil, five grains of incense are placed into the Paschal Candle.

Finally, let us go to the Book of Revelation 8:3-4:

Another angel came and stood at the altar, holding a gold censer (thurible). He was given a great quantity of incense to offer, along with the prayers of all the holy ones on the gold altar which was before the throne. The smoke of the incense along with the prayers of the holy ones went up before God from the hand of the angel.



Yes, the use of incense is deeply rooted in our Catholic heritage.