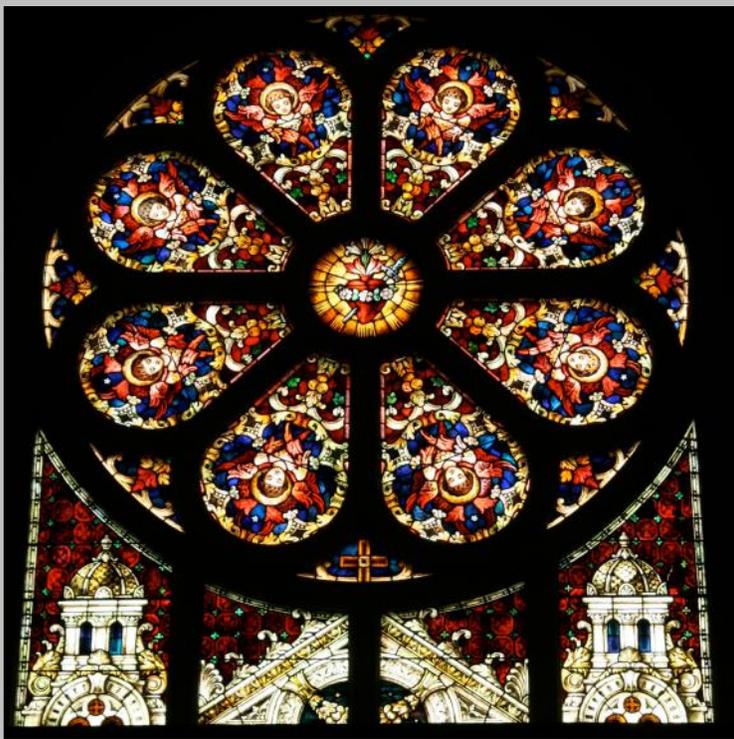




# St. Joseph the Worker

*Beautiful Liturgy - Reconciliation – Healing*

*Third Sunday of Advent - Gaudete Sunday - December 16, 2018*



1640 Addison Street, Berkeley, CA 94703  
Phone (510) 843-2244 Fax (510) 843-2730  
Email: [info@stjosephtheworkerchurch.org](mailto:info@stjosephtheworkerchurch.org)  
[www.StJosephTheWorkerChurch.org](http://www.StJosephTheWorkerChurch.org)

## STAFF

Rev. Kenneth Nobrega

Deacon José Manuel Pérez, Permanent Deacon

Gloria Maldonado,  
Parish Secretary, Safe Environment Coordinator

Elizabeth Oishi Comly, Parish Events Coordinator

## MINISTRIES

### Baptism/Bautismos

Deacon José Manuel Pérez  
Platicas: Los domingos.  
Para otro día llamar a la oficina.

### Lectors/Lectores

Chris Notti (English)  
Erika Guerrero (Español)

### Extraordinary Ministers of Holy Communion

Tita Brodt (English)  
Ruben Araujo (Español)

## PARISH OFFICE HOURS

Monday thru Friday 9:00 am—5:00 pm  
(Closed 12 Noon—1:00 pm for lunch)

## MONDAY-SATURDAY

Mass: 9:00 am

## SUNDAY

Mass: 8:00 am

Confessions: 9:45 am

Mass: 10:00 am

Mass: (Spanish) 11:30 am

## WEDNESDAY EVENING

Adoration of the Blessed Sacrament:

6:00 pm—7:00 pm

Confessions: 6:00 pm—6:45 pm

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## St. Joseph the Worker

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### THIS WEEK AT ST. JOSEPH THE WORKER

#### PLEASE NOTE:

Starting December 12,  
we will not have Adoration or Confessions on  
Wednesday evening during the month of  
December through January 2, 2019.  
We will resume our normal schedule on  
**January 9, 2019.**

We hope to see you then.  
God bless you.

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#### Sant' Egidio Community

The Community of Sant' Egidio meets **every Thursday** at 7:00 pm for prayer in our church chapel. All are invited to join for prayer and for some Christian fellowship.



### St. Joseph the Worker Church Christmas Mass Schedule:

#### December 25th

12:00am Midnight Mass (*11:30pm - familiar carols & special music before Midnight Mass*)

8:00am (Organ Music)

10:00am (Organ with Choir)

11:30am Spanish

### Solemnity Of Mary, The Holy Mother of God

*(Holy Day of Obligation this year)*

**Tuesday, January 1, 2019**

10:00am

### SUNDAY MASSES - December 16, 2018

8:00 am – Fr. Bruce Lamb

10:00 am – Fr. Kenneth Nobrega

11:30 am (Spanish) – Fr. Francisco Figueroa - Esquer

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#### MASS INTENTIONS

##### Sunday

8:00 am

10:00 am

11:30 am

##### December 16th

Kuzdowicz Family +

Ryan Tan

Maria Santos Garcia +

##### Monday

9:00 am

##### December 17th

Sergio Yok

##### Tuesday

9:00 am

##### December 18th

Thoedore Gartner +

##### Wednesday

9:00 am

##### December 19th

Deceased Family Lammert - Theiss+

##### Thursday

9:00 am

##### December 20th

Sharmila Gregory

##### Friday

9:00 am

##### December 21st

Tommy Elioff

##### Saturday

9:00 am

##### December 22nd

Carolina Hutton +

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#### Would you like to have a Mass offered in honor or memory of someone?



It is easy, stop by our parish office  
or email Gloria Maldonado,  
our parish secretary at:  
[gloria@stjosephtheworkerchurch.org](mailto:gloria@stjosephtheworkerchurch.org)

If you have a particular date in mind, let us know and we will try and accommodate you. The suggested donation is \$10.00.

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#### Dear Visitors and Guests:



If you have been blessed by your visit to St. Joseph, please consider blessing our parish with a gift.

Through generous donations by faithful people like yourself, we intend on restoring this historic church back to its former glory, little by little.

You can make a safe, fast and easy one (1) time donation or a recurring donation with the ease of your smart phone through PUSHPAY. Follow these steps below:

Step 1) Enter the number: 77977

Step 2) Enter the letters "SJW" in the message section.

# Gaudete Sunday

We have arrived at Gaudete Sunday (*Gaudete* is the Latin word for “rejoice”) this Third Week of Advent, and the Scriptures take on a joyful tone as we continue our preparations for the feast of our Savior’s birth.



Our Second Reading gives us cause for joy as St Paul reminds us, “The Lord is near. Have no anxiety at all...” Then he gives us a prescription for maintaining this peace: “In everything, by prayer and petition, with thanksgiving, make your requests known to God. Then the peace of God that surpasses all understanding will guard your hearts and minds in Christ Jesus.” Paul’s instructions for obtaining peace come as an early Christmas gift. They remind us that we can and should go to God with all our needs and present them to Him *along with our thanks*. This guidance calls to mind a vital aspect of a discipleship way of life: gratitude to God in response to His great love and countless gifts to us.

The Gospel passage, from Luke, shows us how to *live out* this thanks, making our lives a “Christmas gift” to Christ in joyful response to His love for us. When the crowds hear John the Baptist’s message that their Savior is coming, they ask him what they should do to prepare. He responds, “Whoever has two cloaks should share with the person who has none. And whoever has food should do the same.” He tells tax

collectors to stop collecting more than is prescribed and soldiers, to be satisfied with their wages. In other words, he tells them to be good and generous stewards of all God’s gifts to them!

As the great feast of Christmas draws near, let us rejoice in Christ’s extravagant love. Let’s avail ourselves of the peace He longs to give us. And let’s look carefully at our lives to make sure we are indeed making of them a gift fitting for Him.

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## Important Notice regarding Christmas and Holy Days of Obligation

It is both a precept of the Church and Church law that Catholics must worship God on Sunday and Holy Days of Obligation by participating in the Holy Mass. This follows from the fact that in the Mass it is Christ Himself who worships the Father, joining our worship to His. In no other way is it possible to adequately give thanks (eucharistia) to God for the blessings of creation, redemption and our sanctification than by uniting our offerings to that of Jesus Christ Himself.



**December 25, 2018**

Since a "grave cause" is needed to excuse one from this obligation it would be a serious or mortal sin to willfully skip Mass on Sunday or a Holy Day of Obligation, as the Church has always taught. Reasons such as the necessity to work to support one's family, child care, personal sickness or the care of the sick, necessary travel etc. would excuse a person on a particular occasion. Those who have continuing reason to be excused should consult their pastor.

## Prayer for Inner Healing

Lord Jesus, You came to heal our wounded and troubled hearts. I beg You to heal the torments that cause anxiety in my heart; I beg You, in a particular way, to heal all who are the cause of sin. I beg You to come into my life and heal me of the psychological harms that struck me in my early years and from the injuries that they caused through my life.

Lord Jesus, You know my burdens. I lay them all on Your Good Shepherd's Heart. I beseech You - by the merits of the great, open wound in Your heart-to heal the small wounds that are in mine. Heal the pain of my memories, so that nothing that has happened to me will cause me to remain in pain and anguish, filled with anxiety.



Heal, O Lord, all those wounds that have been the cause of all the evil that is rooted in my life. I want to forgive all those who have offended me. Look to those inner sores that make me unable to forgive. You Who came to forgive the afflicted of heart, please, heal my own heart.

Heal, my Lord Jesus, those intimate wounds that cause me physical illness. I offer You my heart. Accept it, Lord, purify it and give me the sentiments of Your Divine Heart. Help me to be meek and humble.

Heal me, O Lord, from the pain caused by the death of my loved ones, which is oppressing me. Grant me to regain peace and joy in the knowledge that You are the Resurrection and the Life. Make me an authentic witness to Your Resurrection, Your victory over sin and death, Your living presence among us.

Amen.

## Need A New Baptism, First Communion, Confirmation or Marriage Certificate?

Sacramental certificates from St. Joseph the Worker can be obtained from our parish office usually within one or two business days. We kindly ask for a \$25 donation for each requested certificate which will go towards the support of St. Joseph the Worker Church.

Please contact Gloria Maldonado our parish secretary at (510) 843-2244 or email [gloria@stjosephtheworkerchurch.org](mailto:gloria@stjosephtheworkerchurch.org)

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### Parish Office Hours

Gloria Maldonado, our office secretary is ready to welcome and assist our parishioners and visitors. St. Joseph the Worker Parish Office Hours are from **Monday thru Friday 9:00 am to 5:00 pm** (closed noon to 1:00 pm for lunch).

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## Advent - Reflect on Jesus!



The word 'Advent' comes from Latin and means "coming;" its purpose is to look forward to the coming of Christ to Earth; it was a season that focused on waiting. So, "Advent means something new is coming. The dawn of a new and better era. This is really what the Christmas season is all about, isn't it? It's the celebration of the ADVENT of a new era. God broke into time and space and entered our world" (*Daniel Darling, "What Advent Is and Why We Should Celebrate"*)



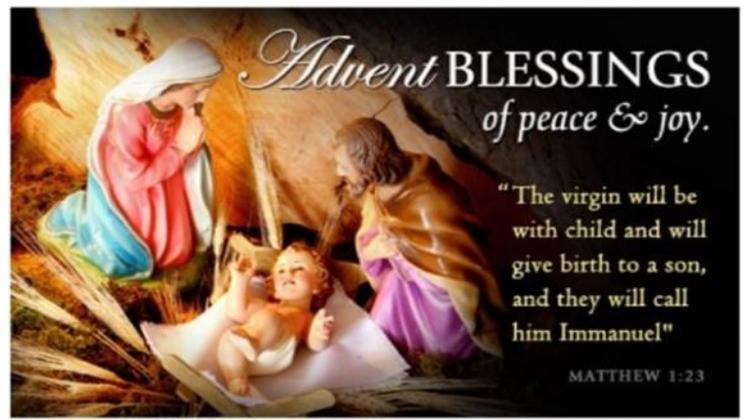
Living as an authentic, faithful Catholic today is very countercultural. Holy Days of Obligations should not be viewed as an imposition on our lives but as an opportunity to Glorify the Lord. If we find it burdensome to worship God as a Christian community of believers, what does that say to the rest of the world? Our families and friends and indeed the rest of God's people are watching and listening to us. If we don't care, why would they?

- Fr. Kenneth Nobrega



"Every time I hear a televangelist emphasize a personal relationship with Christ, I thank God that I'm Catholic. For only here can I receive the Lord - body, blood, soul and divinity. It doesn't get much more personal than that."

~ Fr. William Casey.



## A Sacred time for Holy Preparation



From personal experience, I find it crucial to arrive at least 10 minutes before the start of Mass in order to decompress from the busyness of life and to quiet down the mind from worldly cares in order to properly focus on God and the Sacred Mysteries we are about to enter. Please do not come late to Mass. Thank you.

- Fr. Kenneth Nobrega



**Why not consider an extra special Christmas gift to St. Joseph the Worker in gratitude for all of God's blessings received in 2018.**

## A PRAYER FOR A CURE



Gentle Jesus, who cured the sick and laid a healing hand upon the lame, the blind and the handicapped, look with compassion upon me in my suffering.

If it is not your Will to cure me, then give me strength to bear my burden and offer it up to You. You suffered so much for me.

Give me grace to offer my sufferings in union with Your own, in reparation for my sins and those of others, for the needs of this troubled world, and for the release of the souls in purgatory.

Mary, compassionate Mother, pray for your weary child.

Health of the Sick, Comforter of the Afflicted,  
pray for me.

Amen.

## Life is just better



when you pray the Rosary.

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**Illuminate our church with  
devotion and prayers.**



**Your votive candle is a silent  
but visible sign of prayer and  
devotion.**

## Prayer to Saint Joseph our Patron for a Difficult Problem



O Glorious St. Joseph, thou who hast power to render possible even things which are considered impossible, come to our aid in our present trouble and distress. Take this important and difficult affair under thy particular protection, that it may end happily.

*(MENTION YOUR REQUEST)*

O dear St. Joseph, all our confidence is in thee. Let it not be said that we would invoke thee in vain; and since thou art so powerful with Jesus and Mary, show that thy goodness equal thy power. Amen.

St. Joseph, friend of the Sacred Heart, pray for us.

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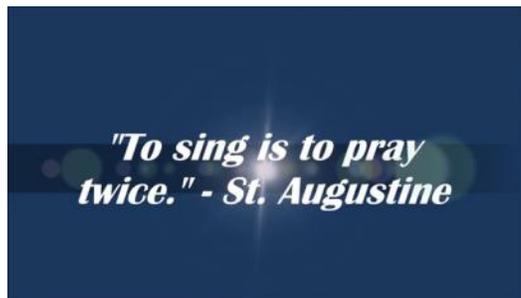
## Donate to St. Joseph the Worker

**TEXT: 77977**



**Safe, Fast, Easy. Thank you!**

## OUR CHOIR NEEDS MORE SINGERS!



Do you enjoy and sing well?

Did you sing in a church, school or university choir?

Call Sam Dorlaque at (510) 709-9036 or e-mail him at

[spdorlaque@sbcglobal.net](mailto:spdorlaque@sbcglobal.net) for more information.

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## Why Light a Votive Candle?



A Votive Light is a "silent sentinel" and can burn for your special intentions or for someone who is in need of prayers. This is a thoughtful expression of your sentiments and best wishes for any occasion. Your Votive Light can be an act of faith and charity - the light is a symbol of the sacrifice you have made in behalf of someone else - and it is a silent reminder of your prayers for them.

Unlike a regular purchase, a votive candle donation is an "offering" made to God through the intercession of the Saints which also helps support our St. Joseph the Worker Church's mission of beautiful liturgies, reconciliation and healing.

Your prayerful votive offerings are "lighting up" our church with beauty and prayer. Thank you, and may God bless you.

## Some Simple Things to Pray for During Advent:



Through prayer, *we can* prepare our hearts and ask the Father to use this time during Advent to cut away distractions and to make our life a place of warmth and openness, ready for Christmas.

1. Pray for attentiveness to what truly matters, without being distracted by trivial things.
2. Pray for discernment of how God would like you to set your priorities and the ability to focus on them consistently to fulfill His purposes in your life.
3. Pray for the grace to be able to rest, become aware of God's presence, and enjoy it.
4. Pray for strong relationships with other people in the bond of loving community.
5. Pray for peace in all situations, no matter what the circumstances.
6. Pray for freedom from all that burdens you - past mistakes, fears, destructive habits, hurts other people have inflicted, and more.
7. Pray for joy and a sense of humor.
8. Pray for confidence in God's love for you and trust in His power to work things out for the best in your life.
9. Pray for a clear mind and the ability to clearly communicate what you value to others.
10. Pray for purity so you can grow as a person and encounter God more fully.
11. Pray for openness to the Holy Spirit's guidance.
12. Pray for a genuine awareness of God's grace in your life and the humility to extend grace to others.

~ Edited from Whitney Hople's "*Pray for Simplicity this Advent*"