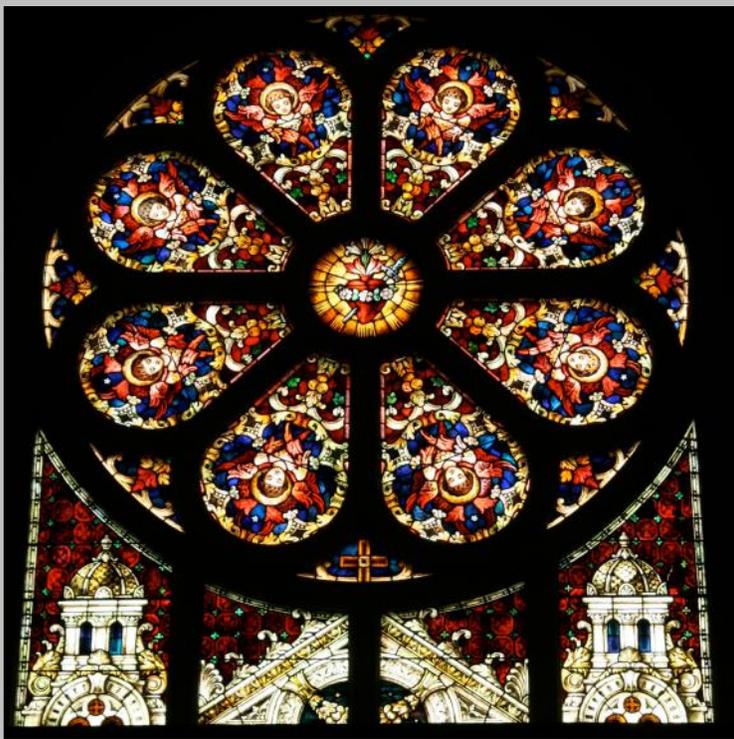




# St. Joseph the Worker

*Beautiful Liturgy - Reconciliation – Healing*

*Fourth Sunday of Advent - December 23, 2018*



1640 Addison Street, Berkeley, CA 94703  
Phone (510) 843-2244 Fax (510) 843-2730  
Email: [info@stjosephtheworkerchurch.org](mailto:info@stjosephtheworkerchurch.org)  
[www.StJosephTheWorkerChurch.org](http://www.StJosephTheWorkerChurch.org)

## STAFF

Rev. Kenneth Nobrega

Deacon José Manuel Pérez, Permanent Deacon

Gloria Maldonado,  
Parish Secretary, Safe Environment Coordinator

Elizabeth Oishi Comly, Parish Events Coordinator

## MINISTRIES

### Baptism/Bautismos

Deacon José Manuel Pérez  
Platicas: Los domingos.  
Para otro día llamar a la oficina.

### Lectors/Lectores

Chris Notti (English)  
Erika Guerrero (Español)

### Extraordinary Ministers of Holy Communion

Tita Brodt (English)  
Ruben Araujo (Español)

## PARISH OFFICE HOURS

Monday thru Friday 9:00 am—5:00 pm  
(Closed 12 Noon—1:00 pm for lunch)

## MONDAY-SATURDAY

Mass: 9:00 am

## SUNDAY

Mass: 8:00 am

Confessions: 9:45 am

Mass: 10:00 am

Mass: (Spanish) 11:30 am

## WEDNESDAY EVENING

Adoration of the Blessed Sacrament:

6:00 pm—7:00 pm

Confessions: 6:00 pm—6:45 pm

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# St. Joseph the Worker

*Beautiful Liturgy - Reconciliation - Healing*

## THIS WEEK AT ST. JOSEPH THE WORKER

### PLEASE NOTE:

**The Parish Office will be closed  
December 25th & 26th.**

Starting December 12,  
**we will not have Adoration or Confessions on**  
Wednesday evening during the month of  
December through January 2, 2019.  
**We will resume our normal schedule on**  
**January 9, 2019.**  
We hope to see you then.  
God bless you.

### Sant' Egidio Community

The Community of Sant' Egidio meets **every**  
**Thursday** at 7:00 pm for prayer in our church chapel.  
All are invited to join for prayer and for some Christian  
fellowship.



*"Every time I hear a televangelist emphasize a personal relationship with Christ, I thank God that I'm Catholic. For only here can I receive the Lord - body, blood, soul and divinity. It doesn't get much more personal than that."*

*~ Fr. William Casey*

## SUNDAY MASSES - December 23, 2018

**8:00 am** – Fr. Bruce Lamb  
**10:00 am** – Fr. Kenneth Nobrega  
**11:30 am (Spanish)** – Fr. Hugo Franca

### CHRISTMAS DAY MASSES

**12 Midnight** – Fr. Kenneth Nobrega  
**8:00 am** - Fr. Bruce Lamb  
**10:00 am** - Fr. Kenneth Nobrega

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### MASS INTENTIONS

<b>Sunday</b>	<b>December 23rd</b>
8:00 am	Antonia Lopez
10:00 am	Imara J.Hutton, Senior +
11:30 am	Lilian Hood
<b>Monday</b>	<b>December 24th</b>
9:00 am	Fr. Paul Coleman
<b>Tuesday</b>	<b>December 25th</b>
12 Midnight	SJW Parishioners
8:00 am	Elizabeth & John Oishi
10:00 am	Jovita Torio
11:30 am	Fortino Alducin Family
<b>Wednesday</b>	<b>December 26th</b>
9:00 am	Concepcion J. Zabala +
<b>Thursday</b>	<b>December 27th</b>
9:00 am	Minda W. Vargas +
<b>Friday</b>	<b>December 28th</b>
9:00 am	Rachel's Vineyard Retreats
<b>Saturday</b>	<b>December 29th</b>
9:00 am	Rosemary & Joey Mederios

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### Would you like to have a Mass offered in honor or memory of someone?



It is easy, stop by our parish office  
or email Gloria Maldonado,  
our parish secretary at:  
[gloria@stjosephtheworkerchurch.org](mailto:gloria@stjosephtheworkerchurch.org)

If you have a particular date in mind, let us know and we will try and accommodate you. The suggested donation is \$10.00.



## St. Joseph the Worker Church Christmas Mass Schedule:

**December 25th**

12:00am Midnight Mass (*11:30pm - familiar carols & special music before Midnight Mass*)

8:00am (Organ Music)

10:00am (Organ with Choir)

11:30am Spanish

## Solemnity Of Mary, The Holy Mother of God

*(Holy Day of Obligation this year)*

**Tuesday, January 1, 2019**

10:00am

## A Sacred time for Holy Preparation



From personal experience, I find it crucial to arrive at least 10 minutes before the start of Mass in order to decompress from the busyness of life and to

quiet down the mind from worldly cares in order to properly focus on God and the Sacred Mysteries we are about to enter. Please do not come late to Mass. Thank you.

- Fr. Kenneth Nobrega



Living as an authentic, faithful Catholic today is very countercultural. Holy Days of Obligations should not be viewed as an imposition on our lives but as an opportunity to Glorify the Lord.

If we find it burdensome to worship God as a Christian community of believers, what does that say to the rest of the world?

Our families and friends and indeed the rest of God's people are watching and listening to us. If we don't care, why would they?

- Fr. Kenneth Nobrega

## Dear Visitors and Guests:

+ + If you have been blessed by your visit to St. **SJW** Joseph, please consider blessing our parish *Founded 1879* with a gift.

Through generous donations by faithful people like yourself, we intend on restoring this historic church back to its former glory, little by little.

You can make a safe, fast and easy one (1) time donation or a recurring donation with the ease of your smart phone through PUSHPAY. Follow these steps below:

Step 1) Enter the number: 77977

Step 2) Enter the letters "SJW" in the message section.

## 9 things you need to know about Christmas

- Jimmy Akin



There's a lot of confusion about Christmas. Is it a day? Is it a season? Is it based on a pagan holiday? What is its real meaning?

Here are 9 things you should know about Christmas . . .

### 1. What is "the real meaning of Christmas"?

Although many voices in pop culture suggest that the true meaning of Christmas is being kind to each other, or being with our families, or something like that, the real meaning of the day--and the season it begins--is the celebration of the birth of Jesus Christ.

The Catechism of the Catholic Church explains:

**525** Jesus was born in a humble stable, into a poor family. Simple shepherds were the first witnesses to this event. In this poverty heaven's glory was made manifest.

The Church never tires of singing the glory of this night:

*The Virgin today brings into the world the Eternal  
and the earth offers a cave to the Inaccessible.  
The angels and shepherds praise him  
and the magi advance with the star,  
For you are born for us,  
Little Child, God eternal!*



### 2. Christmas is not based on a pagan holiday.

No matter how many times you hear Sheldon Cooper (or anyone else) say Christmas is based on a pagan holiday (whether Saturnalia, Sol Invictus, or anything else), we simply have no evidence of this.

If you read the writings of the Church Fathers, you do not find those who assign Christmas to December 25th saying things like, "Let's put Jesus' birthday here so we can subvert a pagan holiday." (Not that subverting pagan holidays is a bad thing.) They simply don't do that.

The ones who say Jesus was born on December 25th do so because that is when they think he was born.

In his book, *The Spirit of the Liturgy*, Pope Benedict comments:

"The claim used to be made that December 25 developed in opposition to the Mithras myth, or as a Christian response to the cult of the unconquered sun promoted by Roman emperors in the third century in their efforts to establish a new imperial religion. However, these old theories can no longer be sustained" (pp., 107-108).

### 3. Christmas is the second oldest Christian annual Christian celebration.

The Church's liturgical celebration of Christmas is discussed in a document called the Universal Norms on the Liturgical Year and the Calendar.

According to the Universal Norms:

**32.** After the annual celebration of the Paschal Mystery [that is, Easter], the Church has no more ancient custom than celebrating the memorial of the Nativity of the Lord and of his first manifestations, and this takes place in Christmas Time.

### 4. Christmas is not one day long. It also is not twelve days long.

We tend to think of Christmas as being just December 25th, but the Christmas season lasts longer than that. Many think of the "twelve days of Christmas," but the Christmas season is actually variable in length, depending on how soon a Sunday occurs after January 6th.

Here is the official rule for when it begins and ends:

**33.** Christmas Time runs from First Vespers (Evening Prayer I) of the Nativity of the Lord up to and including the Sunday after Epiphany or after 6 January.

This year (2018-2019), Christmas Time will run until January 13th.



## 5. What Christmas Masses are celebrated? And does there have to be a "midnight Mass"?

There is no mandated Mass at midnight, so don't get mad at your parish if they have it at a different time. Here is what the Universal Norms say about how the Masses are supposed to work:

34. The Vigil Mass of the Nativity is used on the evening of 24 December, either before or after First Vespers (Evening Prayer I).

On the day of the Nativity of the Lord, following ancient roman tradition, Mass may be celebrated three times, that is, in the night, at dawn and during the day.

## 6. Christmas has its own "octave."

Embedded within the Christmas season is an "octave"--a period of eight days--that begins on Christmas Day itself. You could think of it as a season within a season.

Here's how the days of the octave are structured:

35. The nativity of the lord has its own octave, arranged thus:

- a. Sunday within the octave or, if there is no Sunday, 30 December, is the feast of the Holy Family of Jesus, Mary, and Joseph;
- b. 26 December is the feast of Saint Stephen, the first Martyr;
- c. 27 December is the feast of Saint John, Apostle and Evangelist;
- d. 28 December is the feast of the Holy Innocents;
- e. 29, 30, and 31 December are days within the octave;
- f. 1 January, the octave day of the Nativity of the Lord, is the solemnity of Mary, the Holy Mother of God, and also the commemoration of the conferral of the Most Holy Name of Jesus.



## 7. The Sundays of Christmas are also special.

The Sundays of Christmas Time have special significance as well. According to the Universal Norms:

36. The Sunday falling between 2 January and 5 January is the second Sunday after the Nativity.

37. The Epiphany of the Lord is celebrated on 6 January, unless, where it is not observed as a holyday of obligation, it has been assigned to the Sunday occurring between 2 and 8 January (cf. no. 7).

38. The Sunday falling after 6 January is the feast of the Baptism of the Lord.



## 8. What is the "Epiphany" of the Lord?

The word "epiphany" means "manifestation" (display, revealing). The Catechism of the Catholic Church explains:

528 The Epiphany is the manifestation of Jesus as Messiah of Israel, Son of God and Saviour of the world.

The great feast of Epiphany celebrates the adoration of Jesus by the wise men (magi) from the East, together with his baptism in the Jordan and the wedding feast at Cana in Galilee.

In the magi, representatives of the neighbouring pagan religions, the Gospel sees the first-fruits of the nations, who welcome the good news of salvation through the Incarnation.

The magi's coming to Jerusalem in order to pay homage to the king of the Jews shows that they seek in Israel, in the messianic light of the star of David, the one who will be king of the nations.

Their coming means that pagans can discover Jesus and worship him as Son of God and Saviour of the world only by turning towards the Jews and receiving from them the messianic promise as contained in the Old Testament.

The Epiphany shows that "the full number of the nations" now takes its "place in the family of the patriarchs", and acquires *Israelitica dignitas* (is made "worthy of the heritage of Israel").

*Article Continues>>*

*Continued from Previous Page*

## 9. Why is the Baptism of Jesus significant?

The Catechism explains:

**536** The baptism of Jesus is on his part the acceptance and inauguration of his mission as God's suffering Servant. He allows himself to be numbered among sinners; he is already "the Lamb of God, who takes away the sin of the world".

Already he is anticipating the "baptism" of his bloody death.

Already he is coming to "fulfil all righteousness", that is, he is submitting himself entirely to his Father's will: out of love he consents to this baptism of death for the remission of our sins.

Already he is coming to "fulfil all righteousness", that is, he is submitting himself entirely to his Father's will: out of love he consents to this baptism of death for the remission of our sins.

The Father's voice responds to the Son's acceptance, proclaiming his entire delight in his Son.

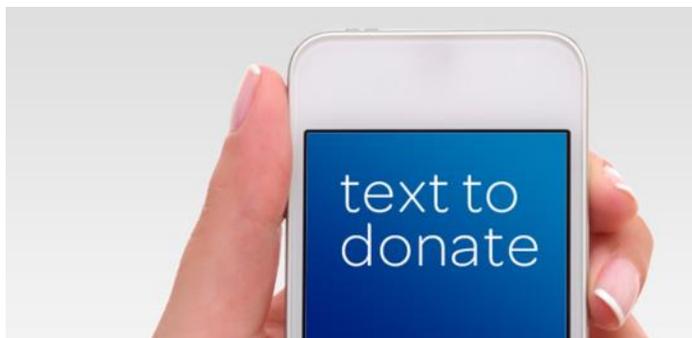
The Spirit whom Jesus possessed in fullness from his conception comes to "rest on him".

Jesus will be the source of the Spirit for all mankind. At his baptism "the heavens were opened" - the heavens that Adam's sin had closed - and the waters were sanctified by the descent of Jesus and the Spirit, a prelude to the new creation.

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**Donate to St. Joseph the Worker**

**TEXT: 77977**



**Safe, Fast, Easy. Thank you!**

"The grace which was revealed in our world is Jesus...He has entered our history; he has shared our journey. He came to free us from darkness and to grant us light. In Him was revealed the grace, the mercy, and the tender love of the Father."

*Pope Francis*

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### **Need A New Baptism, First Communion, Confirmation or Marriage Certificate?**

Sacramental certificates from St. Joseph the Worker can be obtained from our parish office usually within one or two business days. We kindly ask for a \$25 donation for each requested certificate which will go towards the support of St. Joseph the Worker Church.

Please contact Gloria Maldonado our parish secretary at (510) 843-2244 or email [gloria@stjosephtheworkerchurch.org](mailto:gloria@stjosephtheworkerchurch.org)

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**Why not consider an extra special Christmas gift to St. Joseph the Worker in gratitude for all of God's blessings received in 2018.**

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## Prayer to Saint Joseph our Patron for a Difficult Problem

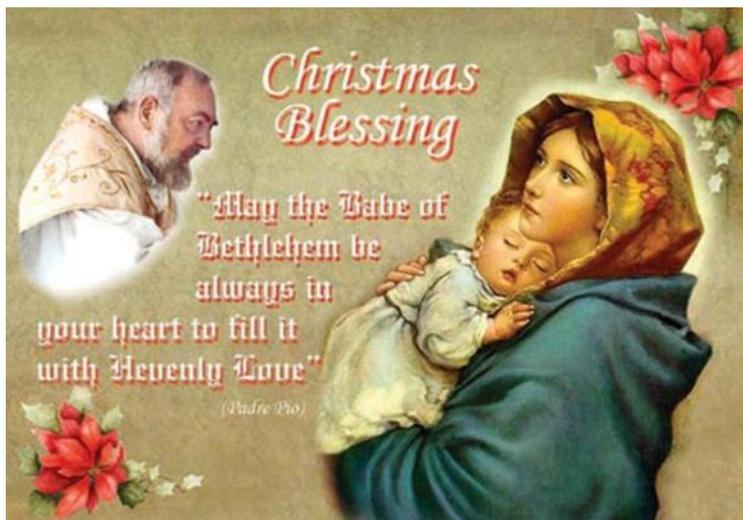


O Glorious St. Joseph, thou who hast power to render possible even things which are considered impossible, come to our aid in our present trouble and distress. Take this important and difficult affair under thy particular protection, that it may end happily.

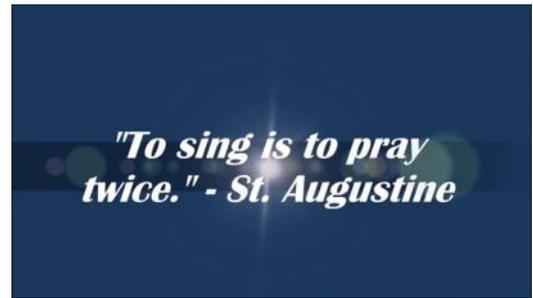
*(MENTION YOUR REQUEST)*

O dear St. Joseph, all our confidence is in thee. Let it not be said that we would invoke thee in vain; and since thou art so powerful with Jesus and Mary, show that thy goodness equal thy power. Amen.

St. Joseph, friend of the Sacred Heart, pray for us.



## OUR CHOIR NEEDS MORE SINGERS!



Do you enjoy and sing well?

Did you sing in a church, school or university choir?

Call Sam Dorlaque at (510) 709-9036 or e-mail him at [spdorlaque@sbcglobal.net](mailto:spdorlaque@sbcglobal.net) for more information.

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### Why Light a Votive Candle?



A Votive Light is a "silent sentinel" and can burn for your special intentions or for someone who is in need of prayers. This is a thoughtful expression of your sentiments and best wishes for any occasion. Your Votive Light can be an act of faith and charity - the light is a symbol of the sacrifice you have made in behalf of someone else - and it is a silent reminder of your prayers for them.

Unlike a regular purchase, a votive candle donation is an "offering" made to God through the intercession of the Saints which also helps support our St. Joseph the Worker Church's mission of beautiful liturgies, reconciliation and healing.

Your prayerful votive offerings are "lighting up" our church with beauty and prayer. Thank you, and may God bless you.

## Prayer for Inner Healing

Lord Jesus, You came to heal our wounded and troubled hearts. I beg You to heal the torments that cause anxiety in my heart; I beg You, in a particular way, to heal all who are the cause of sin. I beg You to come into my life and heal me of the psychological harms that struck me in my early years and from the injuries that they caused through my life.

Lord Jesus, You know my burdens. I lay them all on Your Good Shepherd's Heart. I beseech You - by the merits of the great, open wound in Your heart-to heal the small wounds that are in mine. Heal the pain of my memories, so that nothing that has happened to me will cause me to remain in pain and anguish, filled with anxiety.



Heal, O Lord, all those wounds that have been the cause of all the evil that is rooted in my life. I want to forgive all those who have offended me. Look to those inner sores that make me unable to forgive. You Who came to forgive the afflicted of heart, please, heal my own heart.

Heal, my Lord Jesus, those intimate wounds that cause me physical illness. I offer You my heart. Accept it, Lord, purify it and give me the sentiments of Your Divine Heart. Help me to be meek and humble.

Heal me, O Lord, from the pain caused by the death of my loved ones, which is oppressing me. Grant me to regain peace and joy in the knowledge that You are the Resurrection and the Life. Make me an authentic witness to Your Resurrection, Your victory over sin and death, Your living presence among us. Amen.

## A PRAYER FOR A CURE



Gentle Jesus, who cured the sick and laid a healing hand upon the lame, the blind and the handicapped, look with compassion upon me in my suffering.

If it is not your Will to cure me,  
then give me strength to  
bear my burden and offer it up to You.  
You suffered so much for me.

Give me grace to offer my sufferings  
in union with Your own,  
in reparation for my sins and those of others,  
for the needs of this troubled world,  
and for the release of the souls in purgatory.

Mary, compassionate Mother,  
pray for your weary child.  
Health of the Sick,  
Comforter of the Afflicted,  
pray for me.  
Amen.

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## Life is just better



**when you pray the Rosary.**